

MAX WHITLOCK GYMNASTICS

Our coaches deliver the New Max Whitlock Gymnastics Scheme.
Max and his wife, Leah, an elite gymnastics coach have designed an exclusive programme especially for Everyone Active.

Mini Gymnastics for 3 and 4 year olds

MONDAY	10.30am - 11.30am
TUESDAY	9.30am - 10.30am
WEDNESDAY	9.30am - 10.30am
THURSDAY	9.30am - 10.30am
FRIDAY	9.30am - 10.30am

Beginner Gymnastics age 4-7years

MONDAY	3.45pm - 4.45pm
TUESDAY	12.30-1.30pm (for home-educated children)
TUESDAY	3.30pm - 4.30pm
THURSDAY	3.45 - 4.45pm
THURSDAY	4.30pm - 5.30pm
SATURDAY	9.00am - 10.00am
SATURDAY	1pm - 2pm

Intermediate Gymnastics age 8-12

MONDAY	2.45-3.45pm (for home-educated children)
TUESDAY	4.30pm - 5.30pm
THURSDAY	4.30pm - 5.30pm
SATURDAY	10am - 11am & 2pm - 3pm

Advance Gymnastics age 8+

TUESDAY	5.30pm - 6.30pm
THURSDAY	5.30pm - 6.30pm
SATURDAY	11am - 12am
SATURDAY	2pm - 3pm

There is a £20 registration fee which includes Max Whitlock Tshirt, Log book and Achievement Stickers, quarterly Newsletter and guaranteed space on the scheme until you tell us otherwise. The monthly fee is then £25 per month payable in advance by direct debit.

Please contact reception to book your space.



everyone
ACTIVE