Dear Parent/Carer,

**Survival Wisdom, Mount Edgcumbe Country Park - Monday 22nd July 2019**

Year 4 have the exciting and thrilling opportunity of experiencing what it is like to learn life skills of survival and safety when faced with unfamiliar terrain.

**Aim of the Day**

The aim is to provide a day of fun-filled outdoor adventure activity using the ancient skills of bush-craft with modern day survival and resilience skills. Alongside this, the children are encouraged to learn to love, respect, sustain and protect the wilderness; minimum impact, maximum benefit.

Bush-craft teaches the skills our forefathers lived by, but providing a modern application for this knowledge.

**Overview of the Day**

The survival school, aims to provide a safe learning environment to practice survival strategies. This will include shelter construction, fire lighting, water gathering, learning about natural navigation techniques and signalling in emergency for rescue. All activities are run by an ex-military survival expert who is a fully qualified First Aider.

Who will win the survival team competition?

The cost for this exciting day is £30 which should be paid by ParentPay on or before Monday 15th July.

If you have any queries or concerns, please do not hesitate to speak to me.

Yours Sincerely

Mrs A Hill

Yr 4 Teacher

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**The exciting itinerary for the day is as follows…**

* Parents drop the children to the Cremyll Ferry landing stage at 8.30am ready to catch the 8.45am ferry.
* Catch the Cremyll Ferry to Mount Edgcumbe where we will be met by the Survival Wisdom team.
* Safety briefing and introduction to survival in the classroom setting.
* Introduction to natural navigation based in the park and on Barnpool beach.
* Tree identification and foraging around park.
* Fire building up at Survival Wisdom's camp.
* Lunch at Barrow Centre.
* Shelter building up at Survival Wisdom's camp and around park.
* Debriefing with hot chocolate and toasted marshmallows around camp fire.
* (Survival Day ends at 3.15pm.)
* Children walk to Cawsands for a sausage and chips supper before walking back to the Cremyll Ferry.
* Catch 6.15pm ferry.
* Return to Plymouth via the Cremyll Ferry ready for parents to pick up at 6.30pm from the ferry landing stage.

**Details**

* All equipment used during activities will be supplied by Survival Wisdom.
* Cost of the ferry return trip and a yummy sausage and chips supper is included in the price along with the survival day.
* Photos will be taken during the course of the day but Survival Wisdom will be made aware of any children that cannot be photographed.

**Your child will need:**

* Waterproof coat
* Sunscreen
* Sun hat
* Shoes suitable for walking
* Old clothes
* Packed lunch (packed lunches for free school dinners will be provided.)
* Plenty to drink (water and fruit juice or squash only).