Did you know?

- We leave fingerprints on everything we hold and touch because of tiny sweat glands that secrete oils and salt from our fingers.
- Fingerprints can be used as a unique 'password' to gain access to high-security places.
- Guatemalan worry dolls have traditionally been used to soothe a child's worries so they can fall asleep easily. The child tells the doll their worry, then puts the doll under their pillow. If they have more than one worry, they can tell another doll.
- The term psychology comes from the Greek word 'psyche', meaning the human 'mind, spirit or soul' and the word 'logia', meaning 'study'.
- Current research suggests that the human personality can be described by five main traits: extraversion, agreeableness, conscientiousness, neuroticism and openness.
- An opinion is a judgement or viewpoint based on emotion or an interpretation of facts, while a fact is verifiable and can be proven.
- Leonardo da Vinci's *Vitruvian Man* is a pen and ink drawing of a male figure in two superimposed positions. Da Vinci based his ideas on the work of the ancient Roman architect, Vitruvius, who specified the ideal proportions of the human body.
- Arm span, or 'reach', is the distance from the tips of the fingers on one hand to the fingertips of the other hand, when the arms are outstretched at shoulder height and parallel to the ground. A person's arm span is approximately equal to their height.
- The distance between your elbow and your wrist is roughly equal to the length of your foot!
- DNA stands for deoxyribonucleic acid.
- DNA is a code divided into sections called genes, which contain all the information that creates our bodies, including the colour of our hair and eyes.
- Each cell in your body contains 23 pairs of chromosomes. In each pair, one chromosome is inherited from your mother, and one is from your father.
- Tongue rolling is the ability to roll up the edges of your tongue into a tube. 'Cloverleaf tongue' is the ability to form multiple bends in your tongue! Only certain people can do this, which some argue, is due to their genetic makeup.